

PREPARING FOR YOUR APPOINTMENT



- Check our website for any forms that need to be filled out.
- Download and complete the forms prior to your visit.
- Write down any questions you would like to have addressed and bring them, along with your forms to your visit.
- Bring all your medications with you to your visit, including over the counter or medications another provider has prescribed.

www.premierintmed.com

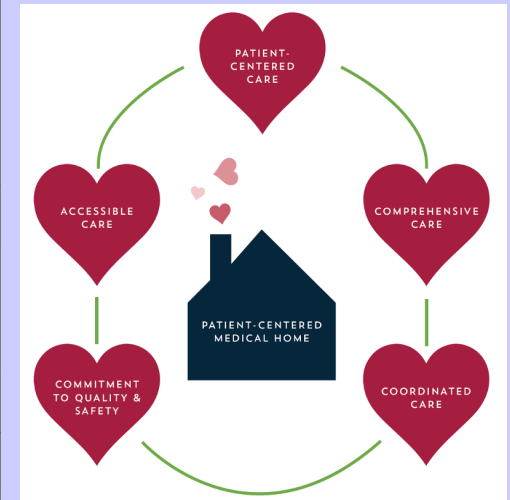
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WELCOME TO YOUR PATIENT CENTERED MEDICAL HOME

You are the most important person on the health care team.



Patient –centered is a way of saying you are the focus of your health care.

Zia Hassan, M.D.,F.A.C.P.

Andrea Casteel, CRNP

Ashley Ward, CRNP

PATIENT CENTERED MEDICAL HOME

A Patient Centered Medical Home (PCMH) means that you will be surrounded by a dedicated team of health professionals, working together with you, to optimize your health goals using the best evidence-based medicine and resources available for you today.

Helping to empower you to take responsibility for your health and giving you the self management support that you need to succeed.

PATIENT-CENTERED MEDICAL HOME TEAM

A healthcare setting providing comprehensive patient care



OUR PCMH RESPONSIBILITIES TO YOU ARE:

- Learn about you, your family, life situation, health goals and preferences. We will note these and your health history every time you seek care and suggest treatments that make sense to you.
- Take care of any short-term illness, long-term chronic disease, and your all-around well being.
- Keep you up to date on all your vaccines and preventative screening tests.
- Connect you with other members of your care team (specialists, health coaches, etc.) and coordinate your care with them as your health needs change.
- Be available to you after hours for your urgent needs.
- Notify you of test results in a timely manner.
- Communicate clearly with you so you understand your conditions and all your options.
- Listen to your questions and feelings. We will respond to you— and your calls in a way you understand.
- Help you make the best decisions for your care.
- Give you information about classes, support groups and other services that can help you learn more about your condition and stay healthy.

YOUR RESPONSIBILITIES IN A PCMH ARE:

- Know that you are a full partner with us in your care.
- Come to each visit with any updates on medications, supplements, or remedies you are using, and with any questions you may have.
- Keep scheduled appointments and call to reschedule or cancel as early as possible.
- Understand your health condition and what you can do to stay as healthy as possible.
- Work with us to develop and follow a plan that is best for your health. If you have obstacles to this plan please discuss these fully with us.
- Take medications as prescribed.
- Contact us after hours only if your issue cannot wait until the next work day.
- If possible notify us before going to the emergency room.
- Agree that all health care providers in your care team will receive information related to your healthcare.
- Learn about your health insurance coverage from your insurer.
- Give us feedback to help us improve our care for you.